



# Mo Chroí

## (My Heart)

by

Eileen Casey

Add some interest to a simple washcloth by giving it a Valentine theme. These heart washcloths are great to keep, or give as a gift to let someone know you care any time of the year.

The Double Moss Stitch heart makes a plain cloth more interesting, and is great as a spa-inspired gift when paired with fancy handmade soap and tied up with a ribbon.

### **DIFFICULTY**

Easy - techniques used: knit, purl, counting rows

### **FINISHED MEASUREMENTS**

Approximately 9.5 inches square

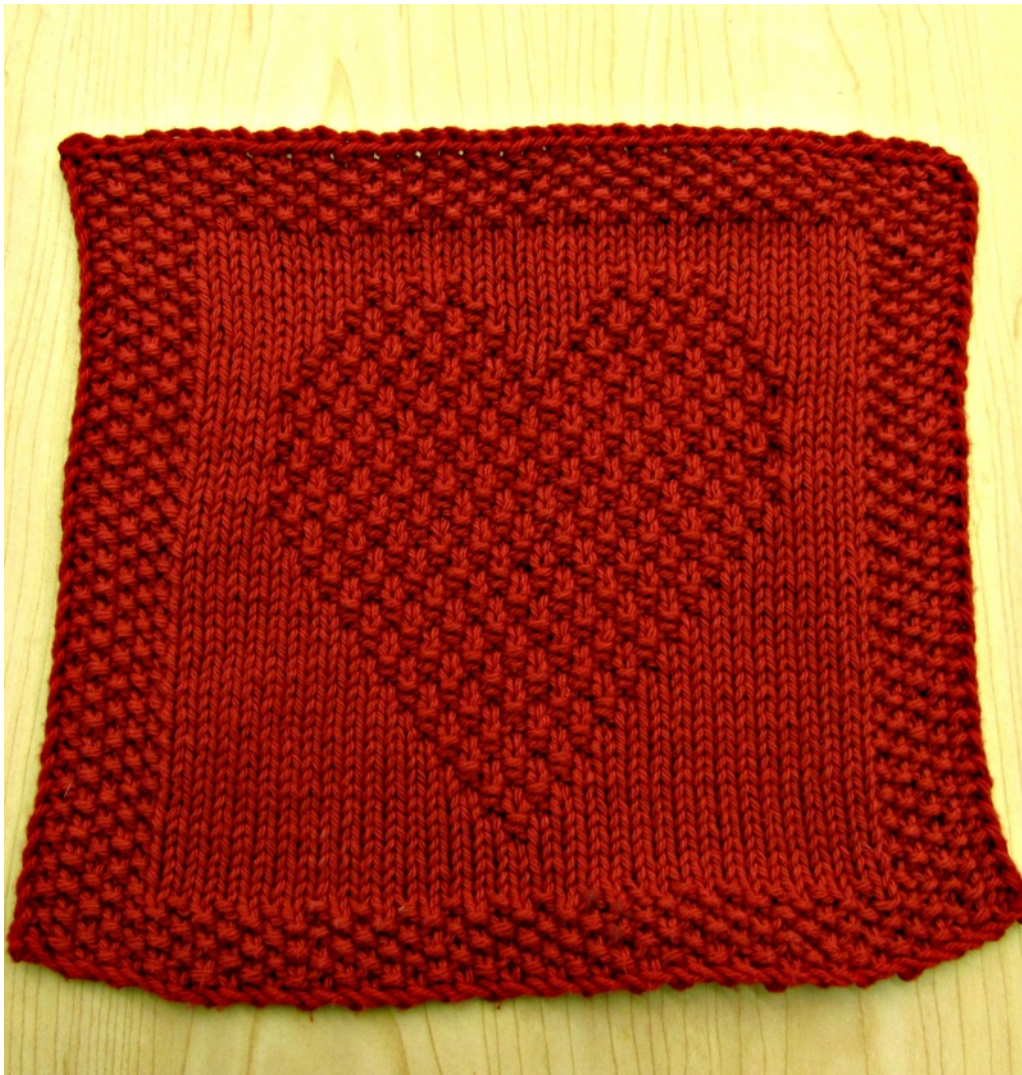
### **MATERIALS**

Lily Sugar'n Cream Solids [100% cotton; 95yds/87m per 2oz/57g skein]; colour: Red, 2274819; 1 skein

1 pair US 7 (4.5 mm) needles

### **GAUGE**

16 sts/24 rows = 4" in stockinette stitch



## ABBREVIATIONS

<b>K</b>	knit
<b>P</b>	purl
<b>RS</b>	right side
<b>st(s)</b>	stitches
<b>WS</b>	wrong side

# Cloth

With US 7 needle, cast on 43 sts.

Work in Moss Stitch for 6 rows as follows:

\*K1, P1, repeat from \* to last stitch, K1.

*(NB: If you want neat edges, slip the first st knitwise and knit the last st on RS rows, and slip the first st purlwise and purl the last st on WS rows. If you do this, don't include it in the Moss Stitch pattern).*

**Next row (RS):** Work 5 sts in Moss Stitch, then work 33 sts of Heart Chart, starting at Row 1, and 5 sts in Moss Stitch.

**Next row (WS):** Work 5 sts in Moss Stitch, then work 33 sts of Heart Chart (Row 2), and 5 sts in Moss Stitch.

Keeping a count of your rows, continue working the Heart Chart until it is complete - keeping 5 sts of Moss Stitch at either side.

When chart is complete, work 6 more rows in Moss Stitch.

Bind off all sts. Weave in ends and block.

	33	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1					
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### Key:

<input type="checkbox"/>	Knit k (RS) Knit (WS) Purl
<input checked="" type="checkbox"/>	Purl p (RS) Purl (WS) Knit

**Row 1 (RS):** k33  
**Row 2 (WS):** p33  
**Row 3:** k33  
**Row 4:** p33  
**Row 5:** k16, p1, k16  
**Row 6:** p16, k1, p16  
**Row 7:** k15, p1, k1, p1, k15  
**Row 8:** p15, k1, p1, k1, p15  
**Row 9:** k14, p1, k1, p1, k1, p1, k14  
**Row 10:** p14, k1, p1, k1, p1, k1, p14  
**Row 11:** k13, p1, k1, p1, k1, p1, k1, p1, k13  
**Row 12:** p13, k1, p1, k1, p1, k1, p1, k1, p13  
**Row 13:** k12, p1, k1, p1, k1, p1, k1, p1, k1, p1, k12  
**Row 14:** p12, k1, p1, k1, p1, k1, p1, k1, p1, k1, p12  
**Row 15:** k11, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k11  
**Row 16:** p11, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p11  
**Row 17:** k10, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k10  
**Row 18:** p10, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p10  
**Row 19:** k9, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k9  
**Row 20:** p9, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p9  
**Row 21:** k8, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k8  
**Row 22:** p8, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p8  
**Row 23:** k7, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k7  
**Row 24:** p7, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p7  
**Row 25:** k6, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k6  
**Row 26:** p6, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p6  
**Row 27:** k5, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k5  
**Row 28:** p5, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p5  
**Row 29:** k4, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k4  
**Row 30:** p4, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p4  
**Row 31:** k5, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k5  
**Row 32:** p5, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p5  
**Row 33:** k4, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k4  
**Row 34:** p4, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p4  
**Row 35:** k5, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k5  
**Row 36:** p5, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p5  
**Row 37:** k4, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k4  
**Row 38:** p4, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p4  
**Row 39:** k5, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k5  
**Row 40:** p5, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p5  
**Row 41:** k6, p1, k1, p1, k1, p1, k1, p1, k1, p1, k3, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k6  
**Row 42:** p6, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p3, k1, p1, k1, p1, k1, p1, k1, p1, k1, p6  
**Row 43:** k7, p1, k1, p1, k1, p1, k1, p1, k5, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k7  
**Row 44:** p7, k1, p1, k1, p1, k1, p1, k1, p5, k1, p1, k1, p1, k1, p1, k1, p1, k1, p1, k1, p7  
**Row 45:** k8, p1, k1, p1, k1, p1, k7, p1, k1, p1, k1, p1, k8  
**Row 46:** p8, k1, p1, k1, p1, k1, p7, k1, p1, k1, p1, k1, p8  
**Row 47:** k33  
**Row 48:** p33  
**Row 49:** k33  
**Row 50:** p33

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If you have any questions please email [mail@eileencaseycreations.com](mailto:mail@eileencaseycreations.com) for pattern support. Eileen's designs can be seen at [eileencaseycreations.com](http://eileencaseycreations.com) and on Ravelry at [www.ravelry.com/designers/eileen-casey](http://www.ravelry.com/designers/eileen-casey).